



First Aid Courses

Rescue 7 offers comprehensive training and certification in a variety of first aid courses. All courses are federally certified through HRSDC (Human Resources Skills Development Canada), Health Canada, Transport Canada and provincially by the applicable WCB/WSIB.

Emergency First Aid & HeartSaver CPR 'A' (6.5 Hours)

Designed to meet industry, business and government requirements, Rescue 7 Inc.'s first aid courses are your assurance of quality, flexibility and expertise. Emergency level first aid is a state-of-the-art, modular, course of basic first aid skills and other select subjects needed to sustain life and manage the scene of an injury .

The elective lessons may be customized on private courses based on your needs. For example, companies may ask for specific lessons based in industry specific risk. Electives in a course, intended for the general public, are based on local or provincial safety regulations.

Objectives:

To have participants feel comfortable enough to be able to take control of an emergency situation until control can be passed to emergency services personnel.

Participants will gain knowledge in the following areas:

- ✓ EMS/9-1-1 System
- ✓ Legalities
- ✓ Disease Management & Biohazards
- ✓ Scene Management
- ✓ Choking Emergencies
- ✓ Bleeding
- ✓ Shock
- ✓ Cardiovascular Disease - Recognition and Management
- ✓ Airway, Breathing, Circulation (ABCs) and Cardiopulmonary Resuscitation (CPR).
- ✓ AED Overview

Certifications:

This course is approved federally by Human Resources Skills & Development Canada (HRSDC) and provincially by each applicable WSIB/WCB. The certification is valid for three (3) years from the date of course. Annual re-training is recommended.

Who Should Attend:

The course is designed for anyone interested in helping in emergency situations.

**Any level of CPR and AED provider level can be combined with this course.*

If you would like to attend one of our open courses, please visit the [News Updates](#) section of our website for a listing of available dates. All open courses take place at our corporate office in Markham, Ontario.



Standard First Aid & HeartSaver CPR 'A' (13 Hours)

Designed to meet industry, business and government requirements, Standard level first aid is a modular course for those who require comprehensive first aid training.

The Standard level first aid course is built on the same core lessons as the Emergency level course. The course includes core and elective lessons as well as a written exam.

The elective lessons may be customized on private courses based on your needs. For example, companies may ask for specific lessons based in industry specific risk. Electives in a course, intended for the general public, are based on local or provincial safety regulations.

Objectives:

To have participants feel comfortable enough to be able to take control of an emergency situation until control can be passed to emergency services personnel. Each participant will be required to pass a 30 question multiple-choice test and practical evaluations will be ongoing throughout the course. Course can be customized pertaining to the environment.

Participants will gain knowledge in the following areas:

- ✓ EMS/9-1-1 System
- ✓ Legalities
- ✓ Disease Management & Biohazards
- ✓ Scene Management
- ✓ Choking Emergencies
- ✓ Medical Emergencies
- ✓ Bleeding
- ✓ Shock
- ✓ Cardiovascular Disease - Recognition and Management
- ✓ Airway, Breathing, Circulation (ABCs) and Cardiopulmonary Resuscitation (CPR).
- ✓ AED Overview
- ✓ Musculoskeletal Injuries
- ✓ Burns
- ✓ Head & Spinal Injuries
- ✓ Poisons & Allergies
- ✓ Heat & Cold Injuries/Illnesses
- ✓ Back & Chest Injuries

Certifications:

This course is approved federally by Human Resources Skills & Development Canada (HRSDC) and provincially by each applicable WSIB/WCB. The certification is valid for three (3) years from the date of course. Annual re-training is recommended.

Who Should Attend:

The course is designed for anyone interested in helping in emergency situations.

**Any level of CPR and AED provider level can be combined with this course.*

If you would like to attend one of our open courses, please visit the [News Updates](#) section of our website for a listing of available dates. All open courses take place at our corporate office in Markham, Ontario.