

CSA Standard Z1000 – Who, What, Where & When

Quality standards are known throughout the world with the use of ISO standards, but did you know that in Canada we also have our own standard, CSA Z1000 as it relates to safety management systems?

Participants will gain knowledge in the following areas:

- ✓ What is the difference between all of these standards
- ✓ Which standard should you use
- ✓ How to start
- ✓ Success or horror story, it depends on you
- ✓ Comparing your current program to the standard
- ✓ ISO 18001 vs CSA Z1000 – Is there a difference

Participants' are asked to bring a copy of their organizations health and safety policy statement and an procedures that have been developed.

Who Should Attend:

Managers, Supervisors, Forepersons, Lead Hands, Joint Health and Safety Committee Members or Health and Safety Representatives.



Lift Truck Operator Training

Do you operate Lift Trucks within your organization if so did you know that there is a requirement for training.

Our training course is broken into two parts, theory and practical.

Participants will gain knowledge in the following areas:

Part 1 - Theory session

- ✓ Competency requirements under the OHSA
- ✓ Driver habits that reduce the risk of incident and injury when driving a lift truck
- ✓ Lifting people
- ✓ Pre-shift inspections
- ✓ Characteristics of a lift truck; capacity, load centre, centre of gravity & stability triangle
- ✓ Attachments
- ✓ Safe operating practices
- ✓ Roles & responsibilities under the OHSA and regulations pertaining to a lifting device
- ✓ Battery care & propane changing & storage

Part 2 - Practical session

- ✓ Pre-shift inspection
- ✓ Driving evaluation, including stacking, proper use of lift and tilt, blind corners and intersections, signs, safe parking, starting and stopping, working in close quarters, trailers, wheel chocks, bridge plates and dock-plates, battery charging precautions, changing propane cylinders and more

Pricing on this course is dependant on the number of operators and equipment that your organization has.

Contact us with your training needs.

Musculoskeletal Injury Prevention

Musculoskeletal injuries account for over 40% of all lost time claims within the Province and that number is climbing.

This course aims to provide employers, workers and JHSC members with the knowledge and tools to prevent MSI within the workplace.

Participants will gain knowledge in the following areas:

- ✓ Identify the key components of MSI
- ✓ Explain the 7 Step Musculoskeletal Injury Prevention process
- ✓ Explain the 5 categories of risk factors associated with MSI
- ✓ Explain 3 main types of risk control for the risk factors
- ✓ Use a checklist to identify and assess the risk factors
- ✓ Determine ways to control identified risk factors
- ✓ Apply early treatment and intervention principles
- ✓ Investigate incidents of MSI to prevent recurrence

Upon completion of this program participants will be able to conduct assessments within the workplace using the checklist to identify MSI hazards.

Who Should Attend:

Managers, Supervisors, Forepersons, Lead Hands, Joint Health and Safety Committee Members or Health and Safety Representatives.

Safe Guarding of Machinery – CSA Z432-04

Every year thousands of employees are hurt or injured due to the lack of effective guarding.

Guarding is the main stay of a good health and safety program however most employers are not aware of what effective guarding is.

Participants will gain knowledge in the following areas:

- ✓ Guarding requirements under the OHSA/Regulations and CSA
- ✓ Types of guards and their effectiveness.
- ✓ Development of a guarding checklist to be used within the organization
- ✓ Review of the guarding systems within the organization.
- ✓ Determine what must be guarded, what might need to be guarded versus what doesn't have to be guarded

Upon completion of this program participants will be able to conduct assessments within the workplace using the checklist for machine hazards.

Who Should Attend:

Managers, Supervisors, Forepersons, Lead Hands, Joint Health and Safety Committee Members or Health and Safety Representatives.

Workplace Inspections

Members of the JHSC and Management are charged with the responsibility to a) facilitate the process of identifying, evaluating, and controlling of hazards and b) take proactive preventative measures in order to reduce risk to employees.

Participants will gain knowledge in the following areas:

- ✓ Types of workplace inspections
- ✓ Legal requirements
- ✓ The 5 steps to workplace inspections
- ✓ Establishing policies and procedures
- ✓ Floor plans and their importance in effective inspections
- ✓ Checklists – Pro's and Con's
- ✓ Reports and making recommendations
- ✓ Follow-up
- ✓ The definition of a hazard and the different types of hazards
- ✓ Methods of hazard control
- ✓ Hazard Recognition exercises
- ✓ Participants will conduct an actual inspection of their workplace

Participants' knowledge and skills used in conducting a workplace inspection will increase.

They will be able to develop, or improve upon, any company standards so as to help your employer comply with the *Act* and any relevant standards.

Who Should Attend:

Managers, Supervisors, Forepersons, Lead Hands, Joint Health and Safety Committee Members or Health and Safety Representatives.



Workwell Audit - Performance Gap Analysis

In Ontario the Workplace Safety and Insurance Board has been using the WorkWell audit protocol to audit poor safety performers.

Failure of the audit can have significant financial impacts on an organization as penalties can be as high as \$500,000.00

The team at Rescue 7 Inc has assisted numerous clients with the WorkWell process either before the first audit or during the actual audit day(s) with the WSIB.

We can provide the following services as it relates to WorkWell.

Workwell– Where Are We and Where Do We Have to Go

Step 1 - Preliminary Audit Services

Using the WorkWell Audit protocol we will conduct a gap analysis of your current health and safety program.

Using the same audit we will come into your organization and conduct the audit in the same way as the WSIB auditors will.

We not only provide you with a final score but we will provide you with the priority actions that must be taken to work towards success.

Step 2 - Program Development

The cornerstone of success during the WorkWell audit is having comprehensive health and safety management system that not only meets the requirements of WSIB but also the Ministry of Labour.

We can assist your organization, based on our Preliminary audit results, in developing a comprehensive health and safety management system .

Our services could be to provide new policies/procedures where yours are lacking to providing a total turnkey manual for implementation.



Step 3 - Audit Day Assistance

As the saying goes no two auditors are the same and this also applies to the WorkWell auditor.

We provide audit day assistance to help you understand clearly what the auditor is asking for and to provide guidance as to where else in your systems the answer may be.

Like a court reporting we will take notes and provide a complete report for you based on the Auditor's comments on what needs to be done next.

Step 4 - Post Audit Assistance

The audit is complete now what?

If your organization has not passed the first audit there will be another audit in the next 6 months.

During the next 6 months there will be a need to handle a lot of changes and implementation of programs that did not get fully completed.

We are able to provide assistance in a number of ways during this phase of your audit journey from reediting the programs to meet the standard, training of employees and a final preliminary audit.

This is a critical phase as failure during the second audit will result in penalties that could be as high as \$500,000.00