

RESCUE 7 INC

SUMMER 2011 NEWSLETTER

Job Well Done

"I would like to compliment you on your instructor - great guy, very knowledgeable, and personable. Much appreciated by a bunch of construction workers who would otherwise fall asleep in a classroom setting such as that for 1st aid!"

Integrity Construction
(Instructor: M. Stanfield)

"I just wanted to let you know that Vera Stambolic was excellent! I signed up for the course because it was important, but Vera made it interesting. She's a great instructor! Thanks again."

E.Dickenson, Ministry of Education

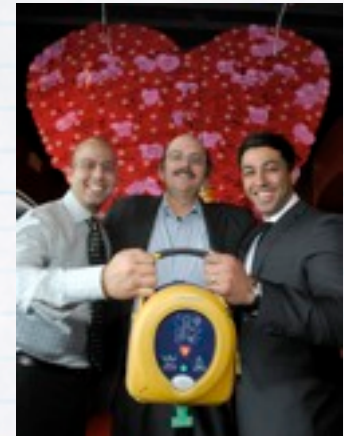
(Instructor: V. Stambolic)

2 More Lives Saved!!!

Press Release

On Tuesday April 19, 2011, a foreman working on construction site beside the Boston Pizza in Milton, Ontario, suddenly collapsed. Within seconds, a Boston Pizza Bartender, who happened to be close by and witnessed the event, ran to the scene to offer her assistance and notice that another first aider had already started administering CPR. The Boston Pizza employee ran back to the restaurant, activated 911 and grabbed the restaurant AED.

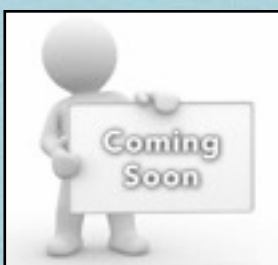
Upon her return, both rescuers applied the automatic external defibrillator (AED), which instructed them to administer a shock. Once the shock was administered, the victim's heart rhythm restored to normal. All this occurred before EMS arrived.



Even beyond the fast response of both the Boston Pizza employee and on-duty EMS responder, it was ultimately the ready accessibility of an automated external defibrillator (AED) device that saved the victim's life.

A 62 year old male, was saved at the Royal Niagara Golf Club in early May.

This is the sixth save in the last six months!!!



ONLINE STORE

You will soon be able to buy our range of AED equipment and accessories online. Rescue 7 Inc., known for our commitment to quality and customer service, will shortly be launching an online store - same great service and quality but with convenient online ordering.

Please check www.rescue7.net soon to see our new store.

NEW GENERATION OF THE SAMARITAN PAD (500P)

The HeartSine samaritan PAD with CPR Advisor model 500P is capable of providing feedback to rescuers on the effectiveness of the cardiopulmonary resuscitation (CPR) they are providing to the victim. The PAD 500P will use both ECG and ICG measurements to analyse the effectiveness and rate of compressions given and based on this will advise the rescuer to push harder, faster or slower as appropriate. Feedback on the quality of the compressions applied is provided to the responder by means of audible and vocal prompts.



“Push harder”
“Push slower”
“Good compressions”

Preventing: Heat Stress at Work

Employers must conduct a heat stress assessment where a worker is, or may be, exposed to environmental conditions that could cause heat disorders. If a worker is exposed to such conditions, employers must develop and implement a heat stress exposure plan.

- Learn to recognize the the signs and symptoms of heat stress in yourself and co-workers. Avoid working alone.
- Acclimatize your body (gradually expose yourself to heat and work).
- Drink plenty of water (one glass every 20 mins) Avoid caffeine, alcohol and drugs.
- Wear clean, light-coloured, loose fitting clothing made of breathable fabric.
- Take breaks in cool or well-ventilated areas. Take more breaks during the hottest part of the day or when doing hard physical work. Allow your body to cool down before beginning again.
- Schedule work to minimize heat exposure. Do the hardest physical work during the coolest part of the day.

Journey to Mongolia

Rescue 7 Inc. is pleased to announce that our President, John Collie, and Director of Training, Ray Chapman, are embarking on a journey to the South Gobi Desert, Mongolia to work with a mining company to implement AEDs and training their employees in mine safety awareness, accident prevention and first aid.

Who's New At Rescue 7 Inc.

We are pleased to announce the newest additions to our team here at Rescue 7 Inc, Leslie Vanderkooy, Rescue 7 Inc.'s Office Administrator, and Lisa Derby, Operations Manager.

After four years with Rescue 7 Inc. as our Business Development Manager, we are also pleased to inform our clients that Michele VanHee-McCabe has been promoted to General Manager